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# Rights-Based Family Planning: 10 Resources to Guide Programming

## RESOURCE GUIDE

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May 2015

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**USAID**  
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# Introduction



**THERE IS NO SINGLE HUMAN RIGHTS INSTRUMENT DEDICATED TO REPRODUCTIVE RIGHTS. RATHER, THE MAIN UNITED NATIONS AND REGIONAL HUMAN RIGHTS INSTRUMENTS PROTECT THE VARIOUS ELEMENTS OF REPRODUCTIVE RIGHTS. VARIOUS DECLARATIONS AND SIMILAR DOCUMENTS ADOPTED BY CONSENSUS BY PRACTICALLY ALL OF THE WORLD'S NATIONS AND FURTHER DEVELOPED IN THE PRACTICE OF THE UNITED NATIONS AND REGIONAL HUMAN RIGHTS BODIES CONFIRM THE DIVERSE AND RICH NATURE OF REPRODUCTIVE RIGHTS.**

UNFPA, Danish Institute for Human Rights and UNOHCHR. 2014: 21.



The ambitious FP2020 goal of providing family planning services to 120 million more women and girls that emerged from the Family Planning Summit in London in 2012 has refocused attention on the need to ensure that family planning programs respect, protect and fulfill individual's human rights and that programs are implemented using a rights-based approach. The current challenge is how to operationalize human rights in existing family planning programs and the design of new projects. A number of resources are available to help stakeholders do so. The purpose of this paper is to review 10 key resources currently available to guide family planning programming.

## THE BASIS FOR HUMAN RIGHTS AND FAMILY PLANNING

The human rights dimension of family planning programs has been recognized for nearly 50 years. People's right to decide freely and responsibly the number and spacing of their children and to have access to related information was asserted by the international community at the Conference on Human Rights in Tehran in 1968. This right has been reaffirmed and embellished by various bodies in numerous declarations and conventions over the years, notably the 1979 Convention on the Elimination of all forms of Discrimination Against Women (CEDAW), the 1994 International Conference on Population and Development (ICPD), and the 1995 Fourth World Conference on Women.

Following the ICPD in 1994, several organizations, including the International Planned Parenthood Federation and the Center for Reproductive Rights, articulated the foundation for human rights in family planning programs by identifying a dozen core human rights that underlie reproductive rights<sup>1</sup> (IPPF, 1996; Center for Reproductive Rights, 2009). Cook and Erdman (2008), human rights attorneys, grouped these rights into three categories of reproductive rights:

- Those related to reproductive self-determination;
- Those related to access to sexual and reproductive health services, commodities, information and education; and
- Those related to equality and non-discrimination.

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<sup>1</sup> These 12 rights are: The Right to Life; Liberty and Security of the Person; The Right to Equality, and to be Free from all Forms of Discrimination; The Right to Privacy; The Right to Freedom of Thought; The Right to Information and Education; The Right to Choose Whether or Not to Marry and to Found and Plan a Family; The Right to Decide Whether or When to Have Children; The Right to Health Care and Health Protection; The Right to the Benefits of Scientific Progress; The Right to Freedom of Assembly and Political Participation; and The Right to be Free from Torture and Ill Treatment.

The Right to Health, as articulated in Comment 14, Article 12 of the International Covenant on Economic, Social and Cultural Rights, is a fundamental human right that applies in family planning programs. The Comment, a legally binding instrument, stipulates that governments are obligated to ensure that all healthcare information, services and commodities are available, accessible, acceptable and of the highest possible quality (commonly encapsulated in the acronym AAAQ).

In addition, there are principles that guide how family planning programs should be planned and carried out in order to respect, protect and fulfill these human rights. PANEL is a commonly accepted acronym, standing for Participation, Accountability, Non-discrimination and equality, Empowerment, and Links to the treaty bodies that make commitments legally binding.

While these rights and related principles are recognized by the international community and are increasingly a part of the discourse in family planning circles, a gap persists between the rhetoric of human rights and integrating these rights into family planning programming in actual practice. There is much talk about achieving universal access to high quality contraceptive information and services, and protecting clients' right to make full, free and informed contraceptive choices from among a range of options, but governments and programs still struggle with what a rights-based approach to family planning entails and how to operationalize it.

## WHAT IS A HUMAN RIGHTS-BASED APPROACH?

Governments have legal obligations to respect, protect and fulfill human rights. At the same time, taking a human rights-based approach to family planning can help ensure that human rights values and concepts are infused into all aspects of programming (Cottingham et al., 2012). Focusing on the reproductive rights that apply in family planning programs and the principles for how to design, implement, monitor and hold programs accountable to ensure that these rights are respected, protected and fulfilled should reorient how we approach programs. “There is no single definition of a human rights-based approach; however, taking such an approach for family planning includes the following (OHCHR, 2006; Gruskin, et al., 2007; UNFPA, 2010):

- *Analyzing the inequalities* related to family planning and reproductive health and the laws and policies under which programmes take place
- Ensuring that the plans, policies, and programs are *anchored in a system of rights and corresponding obligations* established by international law and that they integrate core *human rights principles* such as *participation, accountability, nondiscrimination, and empowerment*
- Working toward *equitable* service delivery
- Focusing on key elements of the right to health—*availability, accessibility, acceptability, and quality* when defining standards for provision of services
- *Empowering people* themselves—especially the most marginalized—to *participate* in policy formulation and hold accountable those who have a duty to act” (Hardee et al., 2013).



**A HUMAN RIGHTS-BASED APPROACH (HRBA) CAN BE DEFINED AS A CONCEPTUAL AND ANALYTICAL FRAMEWORK THAT INTEGRATES HUMAN RIGHTS NORMS, STANDARDS AND PRINCIPLES INTO ALL DEVELOPMENT WORK.**

UNFPA, Danish Institute for Human Rights and UNOHCHR. 2014: 75.

**[A HUMAN RIGHTS-BASED APPROACH] DRAWS FROM THE STANDARDS AND PRINCIPLES OF HUMAN RIGHTS AND DEMANDS ADHERENCE TO ‘GOOD DEVELOPMENT PRACTICES’ SUCH AS PARTICIPATION AND INCLUSION.**

DFID, 2005:2.



Rights-based programming places the individual's dignity and needs at the center. It provides the umbrella that pulls all program components together and adds additional value. Looking at a program through a human rights lens can help to identify program vulnerabilities, gaps or weaknesses that might not otherwise be recognized. It can reveal the unintended consequences of well-intentioned policies, practices and reporting requirements that are not informed by an awareness of human rights and the obligation to protect, respect and fulfill them. It can help stakeholders recognize the need to carry out ongoing activities differently, to invest in areas that might not currently be getting adequate attention (equity, empowerment, participation and accountability, for example), and/or to create strategic partnerships with stakeholders that are not typically engaged.

## Objective and Methods

How to move beyond the rhetoric to put a rights-based approach into action in family planning programs has been the subject of a number of resources published over the past few years. The proliferation of resources has caused some confusion among practitioners, who may be unclear about whether or not the resources address the same human rights, how they differ in approach, and how each resource could be used to guide family planning programming.

### AVAILABLE RESOURCES ON PROGRAMMING HUMAN RIGHTS AND FAMILY PLANNING

Available resources on rights-based programming for family planning vary in purpose, structure, scope and detail. They offer different frameworks and guidance; some are more comprehensive and programmatic than others. Faced with an abundance of resource documents, family planning stakeholders need help in deciding which to use for what purpose. This calls for a summary of key resources to foster understanding of how they compare to one another.

This paper addresses this need by annotating 10 documents using a consistent format that allows for easy comparison. It provides a description of each resource based on text drawn from the documents itself. The resources include human rights elements; principles and related recommended actions; comprehensive programming frameworks; how-to operational guidance; and tools that support rights-based FP programs.

The intention of this review is to provide an overview of key, recent publications to enable potential users to make an informed determination of what to apply to best meet their needs.

### SELECTION CRITERIA

This review does not cover all existing materials related to a rights-based approach to family planning. Rather, it captures key resources with global applicability published since 2010 that support rights-based family planning programming. It does not cover the full spectrum of resources that are specific to related issues, such as empowerment, community engagement, informed choice, quality of care, program monitoring, and accountability mechanisms, among others.

Table 1 shows a list of the resources included in the paper.

# Resources

**TABLE 1** List of Resources Included in the Paper

	<b>TITLE</b>	<b>YEAR</b>	<b>PUBLISHER</b>	<b>PAGE</b>
<b>1</b>	FP2020: Rights and Empowerment Principles for Family Planning	2014	FP2020	6
<b>2</b>	Ensuring Human Rights in the Provision of Contraceptive Information and Services	2014	WHO	7
<b>3</b>	Ensuring Human Rights Within Contraceptive Service Delivery: Implementation Guide	2015	WHO & UNFPA	9
<b>4</b>	Voluntary Family Planning Programs that Respect, Protect, and Fulfill Human Rights: A Conceptual Framework	2013	Futures Group & EngenderHealth	10
<b>5</b>	Voluntary Family Planning Programs That Respect, Protect, and Fulfill Human Rights: Conceptual Framework Users' Guide	2014	Futures Group & EngenderHealth	12
<b>6</b>	Checkpoints for Choice: An Orientation and Resource Package	2014	EngenderHealth/the RESPOND Project	13
<b>7</b>	A Human Rights-Based Approach to Programming: Practical Implementation Manual and Training Material	2010	UNFPA with the Harvard School of Public Health	14
<b>8</b>	The Right to Contraceptive Information and Services for Women and Adolescents: Briefing Paper	2010	Center for Reproductive Rights and UNFPA	16
<b>9</b>	Voluntary Family planning Programs that Respect, Protect, and Fulfill Human Rights: A Systematic Review of Tools	2013	Futures Group and EngenderHealth	17
<b>10</b>	Handbook for National Human Rights Institutions: Reproductive Rights are Human Rights	2014	UNFPA, Danish Institute for Human Rights, the Office of the UN High Commissioner for Human Rights	18



## FP2020 RIGHTS AND EMPOWERMENT PRINCIPLES FOR FAMILY PLANNING

DATE	PUBLISHER	LANGUAGES	FUNDING ORGANIZATION										
2014	FP2020	English   French	FP2020										
<b>TYPE OF RESOURCE</b>													
Human Rights Principles & Program Guidance													
<b>PURPOSE</b>													
This brief is intended to establish a common understanding of rights principles as they relate to ten dimensions of family planning (FP). It can be used to heighten awareness of the essential elements of human rights that must be respected, protected and fulfilled in FP programs. It also offers broad direction regarding program design, monitoring, commodities, product and service promotion and sector engagement.													
<b>INTENDED AUDIENCES/USERS</b>													
A broad range of FP stakeholders, including donors, policymakers and program managers.													
<b>SCOPE &amp; CONTENT</b>													
Ten rights-related principles and FP program dimensions are defined, and for each one broad recommendations are offered for policy and programming, measurement and markets.													
<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">1. Agency and autonomy</td> <td style="width: 50%;">6. Empowerment</td> </tr> <tr> <td>2. Availability</td> <td>7. Equity and non-discrimination</td> </tr> <tr> <td>3. Accessibility</td> <td>8. Informed choice</td> </tr> <tr> <td>4. Acceptability</td> <td>9. Transparency and accountability</td> </tr> <tr> <td>5. Quality</td> <td>10. Voice and participation</td> </tr> </table>				1. Agency and autonomy	6. Empowerment	2. Availability	7. Equity and non-discrimination	3. Accessibility	8. Informed choice	4. Acceptability	9. Transparency and accountability	5. Quality	10. Voice and participation
1. Agency and autonomy	6. Empowerment												
2. Availability	7. Equity and non-discrimination												
3. Accessibility	8. Informed choice												
4. Acceptability	9. Transparency and accountability												
5. Quality	10. Voice and participation												
<b>DEVELOPMENT PROCESS</b>													
This product was conceptualized and developed by FP2020's Rights & Empowerment Working Group and informed by input from members of the FP2020 Country Engagement, Performance Monitoring & Accountability and Market Dynamics Working Groups.													
<b>HOW TO USE IT / RESOURCES REQUIRED</b>													
This brief document frames essential human rights elements in FP programs in a concise manner. It can be used as a simple checklist and broad programmatic guide at a high conceptual level. No resources are required to use this document itself; however, additional guidance is necessary to operationalize its broad recommendations.													
<b>WEB LINK</b>													
<b>English</b> <a href="http://ec2-54-210-230-186.compute-1.amazonaws.com/wp-content/uploads/2014/12/FP2020_Statement_of_Principles_FINAL.pdf">http://ec2-54-210-230-186.compute-1.amazonaws.com/wp-content/uploads/2014/12/FP2020_Statement_of_Principles_FINAL.pdf</a> <b>French</b> <a href="http://ec2-54-210-230-186.compute-1.amazonaws.com/wp-content/uploads/2014/12/FP2020_Statement_of_Principles_French_SinglePg_12.2.14.pdf">http://ec2-54-210-230-186.compute-1.amazonaws.com/wp-content/uploads/2014/12/FP2020_Statement_of_Principles_French_SinglePg_12.2.14.pdf</a>													

## ENSURING HUMAN RIGHTS IN THE PROVISION OF CONTRACEPTIVE INFORMATION AND SERVICES

DATE	PUBLISHER	LANGUAGES	FUNDING ORGANIZATION
2014	FP2020	English   French   Spanish	WHO
<b>TYPE OF RESOURCE</b>			
Program Guidelines & Recommendations			
<b>PURPOSE</b>			
<p>This document is designed to provide guidance on some of the priority actions needed to ensure that different human rights dimensions are systematically and clearly integrated into the provision of contraceptive information and services. It is structured around nine human rights standards and principles, for which it offers recommendations.</p>			
<b>INTENDED AUDIENCES/USERS</b>			
Policy makers, managers, providers and other stakeholders in the health sector.			
<b>SCOPE &amp; CONTENT</b>			
<p>The guidance recommends evidence-based interventions to support nine human rights components and principles:</p> <ol style="list-style-type: none"> <li>1. Non- discrimination</li> <li>2. Availability of contraceptive information and services</li> <li>3. Accessibility of contraceptive information and services</li> <li>4. Acceptability of contraceptive information and services</li> <li>5. Quality of contraceptive information and services</li> <li>6. Informed decision-making</li> <li>7. Privacy and confidentiality</li> <li>8. Participation</li> <li>9. Accountability</li> </ol> <p>It is considered a first step for addressing human rights obligations; it does not address all necessary FP program elements comprehensively. The intention is for it to be expanded and updated over time.</p>			
<b>DEVELOPMENT PROCESS</b>			
<p>The authors followed the WHO standards for guideline development. They identified priority questions and outcomes, and then retrieved, assessed and synthesized evidence using the systematic GRADE approach. This proved problematic for the topic, which doesn't lend itself to randomized controlled trials. The majority of the data couldn't be entered into the GRADE system. The authors developed narrative evidence summaries to fill gaps. They then drafted recommendations, which were reviewed and revised by a Guideline Development Group based on the evidence at a consultation.</p>			
<b>HOW TO USE IT / RESOURCES REQUIRED</b>			
Any FP stakeholder can use this resource to inform their program. No special resources are required.			

**WEB LINK**

**English** [http://apps.who.int/iris/bitstream/10665/102539/1/9789241506748\\_eng.pdf?ua=1](http://apps.who.int/iris/bitstream/10665/102539/1/9789241506748_eng.pdf?ua=1);

[http://apps.who.int/iris/bitstream/10665/102543/1/WHO\\_RHR\\_14.02\\_eng.pdf?ua=1](http://apps.who.int/iris/bitstream/10665/102543/1/WHO_RHR_14.02_eng.pdf?ua=1)

**French** [http://apps.who.int/iris/bitstream/10665/126317/1/9789242506747\\_fre.pdf?ua=1&ua=1](http://apps.who.int/iris/bitstream/10665/126317/1/9789242506747_fre.pdf?ua=1&ua=1)

**Spanish** [http://apps.who.int/iris/bitstream/10665/126318/1/9789243506746\\_spa.pdf?ua=1&ua=1](http://apps.who.int/iris/bitstream/10665/126318/1/9789243506746_spa.pdf?ua=1&ua=1)

## ENSURING HUMAN RIGHTS WITHIN CONTRACEPTIVE SERVICE DELIVERY: IMPLEMENTATION GUIDE

DATE	PUBLISHER	LANGUAGES	FUNDING ORGANIZATION
2015	WHO & UNFPA	English	WHO & UNFPA
<b>TYPE OF RESOURCE</b>			
<p>This implementation guide is a companion to the WHO’s “Ensuring Human Rights in the Provision of Contraceptive Information and Services: Guidance and Recommendations” (2014), described above. It merges the recommendations that support nine principles and standards outlined by WHO with the content of UNFPA’s “Choices not Chance: UNFPA’s Family Planning Strategy 2012–2020.”</p>			
<b>PURPOSE</b>			
<p>This document is designed to provide guidance on some of the priority actions needed to ensure that different human rights dimensions are systematically and clearly integrated into the provision of contraceptive information and services. It is structured around nine human rights standards and principles, for which it offers recommendations.</p>			
<b>INTENDED AUDIENCES/USERS</b>			
<p>This document is addressed to mid-level policymakers and program managers/implementers involved with family planning service provision in all settings.</p>			
<b>SCOPE &amp; CONTENT</b>			
<p>The guide “translates” the nine human rights standards laid out in the WHO guidance into corresponding programmatic concepts, or categories for program implementation. For each concept or category it provides introductory text, the related recommendations from the WHO guidance, and key considerations to think about and illustrative actions that could be taken. It also offers country examples of implementation of the recommendations. The Guide recognizes that additional actions are likely to be required for full implementation of the WHO recommendations. It highlights the importance of grounding all activities in the human rights principles of participation and accountability.</p>			
<b>DEVELOPMENT PROCESS</b>			
<p>This implementation guide was developed by identifying key considerations and action points for each of the WHO guidelines based on assessment and synthesis of evidence. An expert working group from UNFPA and WHO that included country-level programming experts reviewed the draft document and provided input. Human rights and gender equality principles were systematically incorporated in the development of the guide.</p>			
<b>HOW TO USE IT / RESOURCES REQUIRED</b>			
<p>Use of the guide does not require any special resources.</p>			
<b>WEB LINK</b>			
<p><a href="http://apps.who.int/iris/bitstream/10665/158866/1/9789241549103_eng.pdf?ua=1">http://apps.who.int/iris/bitstream/10665/158866/1/9789241549103_eng.pdf?ua=1</a></p>			

## VOLUNTARY FAMILY PLANNING PROGRAMS THAT RESPECT, PROTECT, AND FULFILL HUMAN RIGHTS: A CONCEPTUAL FRAMEWORK

DATE	PUBLISHER	LANGUAGES	FUNDING ORGANIZATION
2013	Futures Group	English   French   Spanish   Hindi	The Bill and Melinda Gates Foundation
<b>TYPE OF RESOURCE</b>			
<p>A comprehensive programming framework that details a vision for what a voluntary, rights-based family planning program entails at the policy, service delivery, community and individual levels.</p>			
<b>PURPOSE</b>			
<p>This is a practical programming tool that provides a vision of an ideal, holistic FP program that respects, protects and fulfills human rights expressed in programmatic terms. It can be used for:</p> <ul style="list-style-type: none"> <li>▪ Increasing awareness and understanding of what rights pertain in FP programs and how to make them concrete and actionable in FP programs</li> <li>▪ Assessing, designing and improving programs</li> <li>▪ Monitoring and evaluating programs; holding them accountable</li> <li>▪ Creating strategic partnerships; identifying common ground between the public health and rights communities</li> </ul> <p>This is the only framework that merges human rights and public health principles with elements of programming and quality of care frameworks, and that captures a view of a comprehensive, rights-based program in concise, graphic form.</p>			
<b>INTENDED AUDIENCES/USERS</b>			
<p>The Framework is intended for a wide range of stakeholders interested in promoting and providing voluntary, rights-based FP services, including policymakers, program managers, service providers, rights advocates, members of civil society organizations, donors, implementing organizations and researchers.</p>			
<b>SCOPE &amp; CONTENT</b>			
<p>Organized as a logic model, the Framework identifies key factors in the country context and details desired inputs or activities for four levels of the health system (policy, service delivery, community and individual) that lead to desired public health/ FP and human rights outputs and outcomes. It is anchored in the right to health (AAAQ), three categories of reproductive rights (to reproductive self-determination, to SRH services, information and supplies; to equality and nondiscrimination) and rights-related principles (PANEL).</p>			
<b>DEVELOPMENT PROCESS</b>			
<p>A small Gates Foundation-funded team consisting of FP policy, program and human rights experts created a vision of what a human rights FP program that respects, protects and fulfills HR looks like, and developed a unifying framework that incorporates elements and principles from public health, family planning, holistic healthcare programming, quality of care and human rights. It was informed, and is supported, by systematic reviews of programmatic evidence and of tools related to voluntary, rights-based FP programs (the tools review is described below). Several drafts were shared at numerous convenings of public health, FP and human rights experts and civil society representatives. More than 200 global and country-level stakeholders from more than 25 countries reviewed various drafts. Their input was incorporated into the final document.</p>			

## HOW TO USE IT / RESOURCES REQUIRED

It can be used on its own to create understanding of what a comprehensive, rights-based FP program entails. To apply it in practice, it should be used in conjunction with the Users Guide, described below.

### WEB LINK

[http://www.futuresgroup.com/files/publications/Voluntary\\_Rights-Based\\_FP\\_Conceptual\\_Framework\\_Paper\\_FINAL.pdf](http://www.futuresgroup.com/files/publications/Voluntary_Rights-Based_FP_Conceptual_Framework_Paper_FINAL.pdf)

[http://www.futuresgroup.com/files/publications/Voluntary\\_Rights-Based\\_FP\\_Conceptual\\_Framework\\_Summary\\_Brief\\_FINAL.pdf](http://www.futuresgroup.com/files/publications/Voluntary_Rights-Based_FP_Conceptual_Framework_Summary_Brief_FINAL.pdf)

[http://www.futuresgroup.com/files/publications/French\\_Voluntary\\_Rights-Based\\_FP\\_Conceptual\\_Framework\\_Paper\\_FINAL.pdf](http://www.futuresgroup.com/files/publications/French_Voluntary_Rights-Based_FP_Conceptual_Framework_Paper_FINAL.pdf)

[http://www.futuresgroup.com/files/publications/Hindi\\_Voluntary\\_Rights-Based\\_FP\\_Conceptual\\_Framework\\_Paper\\_FINAL.pdf](http://www.futuresgroup.com/files/publications/Hindi_Voluntary_Rights-Based_FP_Conceptual_Framework_Paper_FINAL.pdf)

[http://www.futuresgroup.com/files/publications/Spanish\\_Voluntary\\_Rights-Based\\_FP\\_Conceptual\\_Framework\\_Paper\\_FINAL.pdf](http://www.futuresgroup.com/files/publications/Spanish_Voluntary_Rights-Based_FP_Conceptual_Framework_Paper_FINAL.pdf)

## VOLUNTARY FAMILY PLANNING PROGRAMS THAT RESPECT, PROTECT, AND FULFILL HUMAN RIGHTS: CONCEPTUAL FRAMEWORK USERS' GUIDE

DATE	PUBLISHER	LANGUAGES	FUNDING ORGANIZATION
2014	Futures Group	English	The Bill and Melinda Gates Foundation
<b>TYPE OF RESOURCE</b>			
<p>This companion to the Voluntary, Rights-based Family Planning Conceptual Framework (described above) is a step-by-step “How to” guide that includes all support materials required for conducting an orientation to the framework and for leading stakeholders through a process to apply it in assessing, planning, monitoring and evaluating programs.</p>			
<b>PURPOSE</b>			
<p>This Guide enables users to apply the Voluntary, Rights-based FP Framework in practice.</p>			
<b>INTENDED AUDIENCES/USERS</b>			
<p>Like the Framework, the Users’ Guide is intended for a wide range of stakeholders interested in promoting and providing voluntary, rights-based FP services, including policymakers, program managers, service providers, rights advocates, members of civil society organizations, donors, implementing organizations and researchers.</p>			
<b>SCOPE &amp; CONTENT</b>			
<p>The Guide is a complete resource package consisting of two modules, one for designing and conducting a workshop to introduce and orient stakeholders to the Framework, and one for a more in-depth workshop to apply the Framework in a seven-step process that generates the building blocks for a one-year action plan and a monitoring plan. It includes detailed facilitator guidance and participant workbooks, considerations for follow-up to the planning workshop and recommended next steps for moving quickly to action, plus background materials, supplementary references, tools and resources.</p>			
<b>DEVELOPMENT PROCESS</b>			
<p>The Guide was drafted by several members of the Framework development team. A field-test of the first draft was conducted in Uganda in 2014. It involved the MOH, a USAID-funded RH project and a Gates Foundation-funded Implants project. Their feedback was incorporated into the final version.</p>			
<b>HOW TO USE IT / RESOURCES REQUIRED</b>			
<p>It can be used in orientations, needs assessments, advocacy, program design and improvement, monitoring and evaluating programs. All resources required are included in the Users’ Guide (apart from local policy, strategy and program documents and data).</p>			
<b>WEB LINK</b>			
<p><a href="http://www.futuresgroup.com/files/publications/Voluntary_Rights-Based_FP_Users_Guide_FINAL.pdf">http://www.futuresgroup.com/files/publications/Voluntary_Rights-Based_FP_Users_Guide_FINAL.pdf</a></p>			
<b>Additional supporting material available:</b>			
<p><a href="http://www.futuresgroup.com/resources/publications/voluntary_family_planning_programs_that_respect_protect_and_fulfill_hu1">http://www.futuresgroup.com/resources/publications/voluntary_family_planning_programs_that_respect_protect_and_fulfill_hu1</a></p>			

## CHECKPOINTS FOR CHOICE: AN ORIENTATION AND RESOURCE PACKAGE

DATE	PUBLISHER	LANGUAGES	FUNDING ORGANIZATION
2014	EngenderHealth/ The RESPOND Project	English	The William & Flora Hewlett Foundation and USAID
<b>TYPE OF RESOURCE</b>			
Programming guidance			
<b>PURPOSE</b>			
<p>This package provides all materials necessary to organize and conduct a workshop to strengthen the focus of FP programs on clients' rights and contraceptive choices, to strengthen a program's capacity to identify and address vulnerabilities related to full, free and informed choice, and to increase individuals' agency. Unlike other existing resources, it is written from the perspective of how the client experiences family planning programs.</p>			
<b>INTENDED AUDIENCES/USERS</b>			
<p>The package is intended for experienced facilitators to lead a workshop for diverse participants, including donors, policymakers, program planners and managers, service providers, staff of technical assistance agencies, and rights and community advocates.</p>			
<b>SCOPE &amp; CONTENT</b>			
<p>The package fills a gap by focusing on the client's perspective, preferences and experiences and on the many factors that affect an individual's ability to make full, free and informed choices about FP. It highlights the need to make FP programs client-centered rather than method-driven and to think critically about the extent to which contraceptive choice is protected in FP programs. It consists of a resource package for a one-day orientation to help FP stakeholders understand concepts related to full, free and informed choice and client-centered programming. Individual session plans, detailed guidance for facilitators, and all necessary support materials, plus a list of related reference materials and tools, are provided.</p>			
<b>DEVELOPMENT PROCESS</b>			
<p>It was developed by a team of EngenderHealth staff and consultants, some of whom were also involved in planning and conducting a consultation of experts in Bellagio in 2012 to explore the intersection of human rights and FP, and in developing the Voluntary, Rights-based FP Conceptual Framework. This package builds upon materials that were developed for the Bellagio consultation and responds to recommendations that came out of the deliberations. It was designed to complement the Voluntary, Rights-based FP Framework. It was pilot-tested with USAID staff in Washington, D.C. and in conjunction with the Voluntary, Rights-based FP Conceptual Framework Users' Guide in Uganda, both in 2014. Revisions based on the pilot- tests were incorporated into the final version.</p>			
<b>HOW TO USE IT / RESOURCES REQUIRED</b>			
<p>This is a complete package that can be used alone or in conjunction with other training, assessment or planning activities or tools to strengthen voluntarism, contraceptive choice, human rights and accountability in FP programs. Facilitators are encouraged to modify the workshop plan, selecting individual session to fit within time constraints and to focus on areas of greatest interest to stakeholders.</p>			
<b>WEB LINK</b>			
<p><a href="https://www.engenderhealth.org/files/pubs/family-planning/Checkpoints-for-Choice-An-Orientation-and-Resource-Package.pdf">https://www.engenderhealth.org/files/pubs/family-planning/Checkpoints-for-Choice-An-Orientation-and-Resource-Package.pdf</a></p>			



## A HUMAN RIGHTS-BASED APPROACH TO PROGRAMMING: PRACTICAL IMPLEMENTATION MANUAL AND TRAINING MATERIALS

DATE	PUBLISHER	LANGUAGES	FUNDING ORGANIZATION
2010	UNFPA (with Harvard School of Public Health)	-	UNFPA
<b>TYPE OF RESOURCE</b>			
An in-depth conceptual overview of a human rights-based approach plus “How to” programming guidance and training materials.			
<b>PURPOSE</b>			
This manual provides step-by-step guidance on how to apply a culturally sensitive, gender-responsive, human rights-based approach to programming in each of UNFPA’s three core areas of work: population and development, reproductive health, and gender. It also covers how to apply such an approach in the context of a humanitarian emergency. It aims to develop knowledge and provide tools necessary for building national capacity to implement a human rights-based approach in programming and policies at all levels from an ICPD perspective. The manual can be used as a stand-alone tool or in conjunction with the accompanying Training Materials (Power Point) as a basis for conducting a training in human rights-based programming.			
<b>INTENDED AUDIENCES/USERS</b>			
This manual was designed primarily for use by UNFPA Country Staff, but it can also be useful for UNFPA implementing partners and others working in the fields of population and development, sexual and reproductive health and reproductive rights, gender equality and women’s empowerment.			
<b>SCOPE &amp; CONTENT</b>			
The content of this manual is based on the human rights-based approach described in the 2003 UN Statement of Common Understanding on a Human Rights-based Approach (HRBA) to Development Cooperation. It consists of three parts: the first covers core concepts of a human rights-based approach, the second provides guidance on application of a human rights-based approach, and the third consists of training materials which include a facilitator’s manual. The document lists the human rights that are most relevant to UNFPA’s work and UNFPA-supported actions that are inspired by these rights. It also translates rights principles into programmatic implications. It incorporates many examples based on UNFPA experience and includes worksheets and case studies. It offers in-depth conceptual content and practical programming guidance, explaining how each of the core human rights principles of a HRBA (especially the principles of participation and inclusion, equality and non-discrimination, and accountability and Rule of Law) can be applied programmatically. It also introduces 3AQ (availability, accessibility, acceptability and quality), and provides guidance on what issues to consider with respect to operationalizing a HRBA at each stage of a typical programming cycle.			

**DEVELOPMENT PROCESS**

This manual was produced through a collaboration between the Program on International Health and Human Rights, Harvard School of Public Health and the Gender, Human Rights and Culture Branch of the UNFPA Technical Division, with the involvement of UNFPA staff and outside consultants. It draws from the Action 2 Common Learning Package, which stems from a global UN program designed to strengthen the capacity of country teams to support the efforts of Member States in reinforcing their national human rights promotion and protection systems. There was broad participation during the development process from UNFPA staff members, both at Headquarters and at Country Office level, as well as from other agencies. Four regional training centers played an important role in both the drafting and testing of this manual and training materials.

**HOW TO USE IT / RESOURCES REQUIRED**

It is designed to serve both as a 'how to' manual for conducting trainings as well as a reference on using an HRBA. It is self-contained; all necessary materials are included.

**WEB LINK**

<http://www.unfpa.org/resources/human-rights-based-approach-programming>

## THE RIGHT TO CONTRACEPTIVE INFORMATION AND SERVICES FOR WOMEN AND ADOLESCENTS: BRIEFING PAPER

DATE	PUBLISHER	LANGUAGES	FUNDING ORGANIZATION
2010	Center for Reproductive Rights and UNFPA, New York	English	UNFPA
<b>TYPE OF RESOURCE</b>			
An overview of applicable human rights and program guidance for how to put a human rights-based approach into practice.			
<b>PURPOSE</b>			
This briefing paper lays out a conceptual foundation and provides practical guidance for how to integrate human rights into programs and policies related to contraceptive information and services.			
<b>INTENDED AUDIENCES/USERS</b>			
Activists, scholars, UN Agencies, NGOs, governments and other actors working in the area of sexual and reproductive health.			
<b>SCOPE &amp; CONTENT</b>			
The paper focuses specifically on the right to contraceptive information and services. It includes an overview of the problem of lack of access to contraceptive information and services for women and adolescents, lays out the human rights that underpin the right to access contraceptive information and services, and offers brief suggestions for how to put a human rights-based approach into practice. The Appendix cites specific regional and international treaty provisions related to contraceptive access which buttresses accountability.			
<b>DEVELOPMENT PROCESS</b>			
This is a joint product of the Center for Reproductive Rights and UNFPA. It was conceptualized by Center and UNFPA staff and was written by a team of lawyers under the guidance of UNFPA technical staff.			
<b>HOW TO USE IT / RESOURCES REQUIRED</b>			
No special skills, resources or steps required.			
<b>WEB LINK</b>			
<a href="http://www.unfpa.org/sites/default/files/resource-pdf/Contraception.pdf">http://www.unfpa.org/sites/default/files/resource-pdf/Contraception.pdf</a>			

## VOLUNTARY FAMILY PLANNING PROGRAMS THAT RESPECT, PROTECT, AND FULFILL HUMAN RIGHTS: A SYSTEMATIC REVIEW OF TOOLS

DATE	PUBLISHER	LANGUAGES	FUNDING ORGANIZATION
2013	Futures Group, Washington DC	English	The Bill and Melinda Gates Foundation
<b>TYPE OF RESOURCE</b>			
Compilation and synthesis of tools that support rights-based programming.			
<b>PURPOSE</b>			
This document offers synopses of tools that can be applied to support a rights-based approach in different stages of program assessment, planning and implementation.			
<b>INTENDED AUDIENCES/USERS</b>			
A broad range of FP program stakeholders, including donors, policymakers, managers, service providers and community members.			
<b>SCOPE &amp; CONTENT</b>			
This systematic review is a companion to the Voluntary, Rights-based FP Conceptual Framework. It compiles and synthesizes training and assessment tools, frameworks, methodologies, implementation guides, and job aids that support and promote the fulfillment of rights at the policy, service, community, and/or individual levels. It includes 150 documents that met defined selection criteria, and identifies where additional resources are required.			
<b>DEVELOPMENT PROCESS</b>			
These reviews were undertaken by the same team that developed the Voluntary, Rights-based, FP Conceptual Framework comprised of staff and consultants from the Futures Group and EngenderHealth, with input from a wide range of reviewers. The search strategy was guided by a series of questions related to what a successful voluntary, right-based FP program should include. The evidence search included principles approaches and intervention studies. The tools review used a long list of search terms to identify training tools, assessment tools, frameworks, methodologies, implementation guidance and job aids. Both documents are structured in alignment with the architecture of the framework, which recognizes four levels of the health system (policy, service delivery, community and individual).			
<b>HOW TO USE IT / RESOURCES REQUIRED</b>			
These are reference documents that don't require any particular skills or additional resources.			
<b>WEB LINK</b>			
<a href="http://www.futuresgroup.com/files/publications/VRBFP_Tools_paper_FINAL.pdf">http://www.futuresgroup.com/files/publications/VRBFP_Tools_paper_FINAL.pdf</a>			

## REPRODUCTIVE RIGHTS ARE HUMAN RIGHTS. A HANDBOOK FOR NATIONAL HUMAN RIGHTS INSTITUTIONS

DATE	PUBLISHER	LANGUAGES	FUNDING ORGANIZATION
2014	UNFPA	English	UNFPA
<b>TYPE OF RESOURCE</b>			
Guidance for National Human Rights Institutions on reproductive rights.			
<b>PURPOSE</b>			
This resource is intended to equip National Human Rights Institutions (NHRIs) with tools and resources to strengthen their role in promoting and protecting reproductive rights. It is unique among resources in this review in that its focus is on integrating reproductive rights into the work of human rights institutions rather than incorporating human rights into FP/RH institutions and programs. It is the only known tool aimed at human rights institutions rather than FP programs.			
<b>INTENDED AUDIENCES/USERS</b>			
NHRIs			
<b>SCOPE &amp; CONTENT</b>			
This Handbook provides an introduction to reproductive rights, both what they mean in practice and their normative background, and how NHRIs can work within this field. It summarizes the mandate of NHRIs and includes the experience of a number of them that have worked to promote reproductive rights. It offers guidance on how to monitor State's obligations and on other forms of accountability and cooperation. It includes detailed overviews of promoting reproductive rights through a human rights-based approach to development, and of reproductive rights and other human rights standards and principles.			
<b>DEVELOPMENT PROCESS</b>			
UNFPA provided the concept and overall coordination for this publication. The Danish Institute for Human Rights developed the Handbook with substantive human rights input from the Office of the High Commissioner of Human Rights (OHCHR) and contributions from national institutions of ten countries. Input was collected during a forum in Asia and a validation workshop in New York.			
<b>HOW TO USE IT / RESOURCES REQUIRED</b>			
This is a stand-alone resource that provides broad background and guidance. It can inform thinking and action without additional resources			
<b>WEB LINK</b>			
<a href="http://www.unfpa.org/sites/default/files/pub-pdf/NHRIHandbook.pdf">http://www.unfpa.org/sites/default/files/pub-pdf/NHRIHandbook.pdf</a>			

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