Prospects for Economic Growth in Balochistan under Alternative Demographic Scenarios
The Case for a Rapid Fertility Decline

“Future economic growth is likely to be closely linked, if not driven, by how rapidly fertility declines further.”
Bloom, Chen, and Sathar 2015

While economic growth in Pakistan has averaged 3 percent over the past decade, Vision 2025 envisages it to be over 8 percent between 2018 and 2025. This is a very ambitious target from the perspective of some provinces, especially Balochistan, where physical and social infrastructure development lags behind the rest of the country. The “Proposed Balochistan Development and Vision Strategy” of the Chief Minister’s Policy Reform Unit aims to focus in coming years on developing basic infrastructure and primary sectors, concentrating investments on identified “growth nodes”—selected sectors and areas that can be expected to create a pull effect on the wider economy. Population growth is generally not regarded as a concern in provincial economic strategy since Balochistan has the sparsest population in the country. However, this perspective ignores the powerful impact of demographic trends on future economic growth. Moreover, it overlooks the urgent need for birth spacing services in the province to reduce the extremely high maternal mortality ratio, as well as infant and child deaths accruing from high-risk fertility behavior.

Balochistan is currently undergoing a demographic transition from a situation of high fertility and high mortality to one of lower fertility and mortality (Figure 1). The resulting bulge in its working-age population means the province is poised to reap a “demographic dividend”—the boost in income per capita and its growth that accrues when the share of working age individuals in a population rises relative to dependents, resulting in a higher support ratio, as well as increased labor supply and savings. As the Asian Tigers have demonstrated, a robust working-age population can serve as a potent, real world pathway for achieving economic growth. However, harnessing the powerful thrust of the demographic dividend requires the timely execution of a well-conceived plan of action involving major interventions in the education, health (including reproductive health/population welfare), and labor sectors.

**FIGURE 1: EMERGING BULGE IN BALOCHISTAN’S WORKING-AGE POPULATION**

Source: Population Census 1972
Source: Population Council Projections 2015
Encouragingly, Vision 2025 shows a strong focus on enhancing the productive potential of the current and future work force through investments in education, skills development, and job creation. Similarly, the need for institutional and human resource development has recently been emphasized by the highest levels of the Government of Balochistan. However, there is relatively low awareness that fertility decline—and in particular the speed of that decline—will have a huge impact on the magnitude of the economic boost it is able to reap from the demographic dividend.

A recent study of prospects for economic growth in Pakistan under alternative demographic scenarios quantified the massive differences in growth that can be achieved with slow, moderate and rapid fertility decline in Balochistan. This brief presents the study’s key findings to facilitate a deeper understanding of the connection between the speed of fertility decline and the size of the demographic dividend, and the scale of the economic gains at stake.

“The need for lowering the growth rate of population is more urgent than ever.”

VISION 2025

FERTILITY DECLINE AND PROSPECTS OF A DEMOGRAPHIC DIVIDEND IN BALOCHISTAN

As fertility declines in Balochistan, the rate of growth in the lowest tiers of its population pyramid (ages 0-14) is slowing down. However, due to the momentum of past high fertility and current improvements in infant and child survival, there will not be an appreciable change in the rate of growth of the working-age population for perhaps two decades. In proportion to dependents, the working-age share of the total population is rising.

To assess the effect of this rising support ratio on future economic growth, Bloom, Chen and Sathar (2015) employed state-of-the-art theoretical and statistical models designed to capture the complexity of economic growth processes and their interactions with demographic trends specific to the Pakistani context. The model is outlined in Box 1 (back page). Projections of the total population were generated for three fertility decline scenarios—moderate decline in the total fertility rate (TFR) from the current level of 4.2 to replacement fertility (TFR 2.1) in 2050; slow decline in TFR, which would mean that replacement fertility is reached sometime after 2050; and rapid decline in TFR, implying that replacement fertility is attained before 2050. For population projections, the base year was 1998, when the last census was conducted, while 2011 was taken as the base year for the per capita income and demographic dividend comparison. The results of the study for Balochistan are summarized in Table 1.

As shown in Figure 2, depending on the speed of fertility decline, the population of Balochistan could grow to 18 million or to 16 million by 2050. Compared to a scenario of rapid fertility decline, slow fertility decline implies approximately 1.5 million more young dependents in the population. This will translate into a lower support ratio—1.62, as against 1.96 with rapid fertility decline (Table 1).

A higher support ratio represents an increase in the productive capacity of the economy on a per capita basis, which creates the prospect of a spurt in economic growth—the demographic dividend. To maximize the size of the demographic dividend, the support ratio must be maintained at optimal levels while the “boom” in the working-age population lasts. Fertility must decline as much as possible to raise the support ratio, and as fast as possible to allow the high support ratio to prevail over a longer period. Figure 3 presents the historical and prospective trend in Balochistan’s support ratio and how it is affected by the pace of fertility decline. Notably, the support ratio started to rise in the late 1990s—when energetic efforts were made to increase uptake of family planning—but it is now beginning to plateau. It can be expected to rise significantly if a moderate or rapid pace of fertility decline is achieved.

### TABLE 1: PROJECTED DEMOGRAPHICS AND ECONOMIC GROWTH IN BALOCHISTAN IN 2050 WITH SLOW, MODERATE, AND RAPID FERTILITY DECLINE

<table>
<thead>
<tr>
<th>Scenario</th>
<th>Total Population</th>
<th>Support Ratio</th>
<th>Per capita GDP Growth</th>
<th>Demographic Dividend</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scenario 1: Slow Fertility Decline</td>
<td>17.9 million</td>
<td>1.62</td>
<td>295%</td>
<td>130%</td>
</tr>
<tr>
<td>Scenario 2: Moderate Fertility Decline</td>
<td>16.9 million</td>
<td>1.78</td>
<td>338%</td>
<td>173%</td>
</tr>
<tr>
<td>Scenario 3: Rapid Fertility Decline</td>
<td>15.9 million</td>
<td>1.96</td>
<td>338%</td>
<td>223%</td>
</tr>
</tbody>
</table>

Source: Bloom, Chen, and Sathar 2015
Differences in the support ratio, in turn, lead to wide divergences in the per capita GDP growth attainable (Figure 4). In 2050, per capita income in Balochistan is expected to be about $2,500 if fertility persists at current levels; a little over $3,600, if fertility declines slowly; and about $4,500, if fertility drops rapidly.

This means that if the fertility rate continues to hover in the current vicinity of 4.2, Balochistan’s GDP per capita will only be about 165 percent greater in 2050 than it is today; however, if the TFR declines rapidly, Balochistan’s GDP per capita could grow by as much as 388 percent. In other words, a precipitous decline in fertility could boost income in Balochistan by 223 percent over current levels, independent of any additional income growth that occurs over this horizon. By comparison, a slow decline in fertility would lead to a 130 percent boost in income, which, significant as it is, represents only about half of the dividend achievable.

The results show that, overall, for every one unit of decrease in the total fertility rate, GDP per capita is expected to increase by 90-100 percent. Further fertility decline is going to be associated with a rise in per capita income, but the level of benefits to be accrued will multiply if there is a serious effort at interventions that speed up the decline while the support ratio is elevated. This is a strong economic argument for investing in a more rapid fertility decline in the province.

"Our Vision today is to make Pakistan the next Asian Tiger."

**VISION 2025**

**POLICY IMPLICATIONS**

By 2050, Balochistan’s per capita income will be 165 percent higher than today’s levels if there is no decline in fertility, but 388 percent higher if fertility declines rapidly. The scale and effectiveness of efforts to reduce fertility levels in Balochistan will determine whether per capita income in the province grows by 295 percent or by 388 percent by 2050. The possible demographic dividend of a 223 percent increase in per capita income is simply too huge to be ignored in economic growth strategy, especially given Balochistan’s resource constraints and development aspirations. The findings presented in this brief show clearly that, if Balochistan is to harness the demographic dividend, planners must invest at least as heavily and urgently in efforts to raise the contraceptive prevalence rate (CPR) as in interventions to educate, train and productively employ the youth bulge.
Time is of the essence. The demographic dividend is a limited-time offer, and once fertility reaches replacement levels, the demographic transition model predicts some semblance of equilibrium between fertility and mortality levels. By around 2050, the bulge that is currently in the working-age tiers will have progressed through to older tiers of the pyramid, while a reduced population of young people will have entered Balochistan’s work force. Accordingly, the support ratio will decline and the dividend window will close.

“The speed at which fertility declines now in Balochistan will determine the magnitude of the economic boost it will experience.”

ENDNOTES

(1) The support ratio expresses the proportion of working-age individuals relative to dependents in the population. It is defined here as the working age population (15-59) divided by the non-working age population (<15 or >59 years).

(2) D. E. Bloom, S. Chen and Z. Sathar, “Prospects for economic growth in Pakistan under alternative demographic scenarios” (Population Council, Islamabad).

(3) The TFR measures the average number of children expected to be borne by every woman in a population during her lifetime. The model’s TFR assumptions for the three fertility decline scenarios are indicated in Table 1.