



*Family planning: **By choice not chance!***

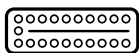
?

What is the **MOST EFFECTIVE** way to

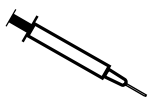
- PLAN YOUR FAMILY
- PREVENT UNWANTED PREGNANCIES
- AVOID UNSAFE ABORTIONS

!

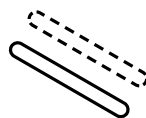
Women workers use **MODERN** hormonal family planning!



PILL



INJECTABLE



IMPLANT



IUD

*Talk to a health care provider you trust at
your workplace or in your community*